

Office of Diversity, Equity, and Inclusion

#WEARE

WEBINAR

SERIES

Webinar 1: OU Check In and Q&A/Coalition Building

APRIL
1

Attend the #WeAreTogether Town hall to discuss how you are feeling during this time of the COVID-19 outbreak, resources that may be helpful, and questions you have.

Have you ever wondered how you can be a better ally or how you can support your OU family in a meaningful way? This webinar is for you. Dr. Rodney Bates will unpack the term coalition building and you will leave with tools to begin your journey toward authentic allyship.

Webinar 2: Mental Health

APRIL
8

Are you struggling to find balance between school, work and home life? Come listen to Dr. Scott Miller, Director of the University Counseling Center, who will discuss ways you can take care of your mental health needs during this challenging time.

Webinar 3: What's Next?

APRIL
15

As we return to our new normal, many of us may wonder what is next for us and how we move forward. Join to discuss ways of healing post COVID-19.

Register Here:

<https://bit.ly/2QUMPBI>

#WEARETOGETHER WEBINAR SERIES

YOU CHECK IN /

COALITION BUILDING

WED | APRIL 8
4 - 5 PM

Attend the #WeAreTogether Town hall to discuss how you are feeling during this time of the COVID-19 outbreak, resources that may be helpful, and questions you have. Have you ever wondered how you can be a better ally or how you can support your OU family in a meaningful way? This webinar is for you. We will unpack the term coalition building and you will leave with tools to begin your journey toward authentic allyship.

Pre-register at:

education | advocacy | awareness

MENTAL

HEALTH

WED | APRIL 15 4 - 5 PM

Are you struggling to find balance between school, work and home life? Come listen to Dr. Scott Miller, Director of the University Counseling Center, who will discuss ways you can take care of your mental health needs during this challenging time.

Pre-register at:

education | advocacy | awareness

WHAT'S

NEXT?

WED | APRIL 22 4 - 5 PM

As we return to our new normal, many of us may wonder what is next for us, and what is next for Diversity Equity and Inclusion? This webinar will share our vision for the future, ways we can continue to practice positive mental health, and coalition build at OU.

Pre-register at:

education | advocacy | awareness